Personal Details .

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| --- | --- |
| Name | Teijgeman |
| First name | Peter |
| Title | Master of Science (MSc) |
| Certifications | ACC, CPCC |
| Year of birth | 1964 |
| Residence | IJSSELSTEIN UT |
| Nationality | Dutch |

Profile .

Peter is principal consultant at Capgemini[[1]](#footnote-1) and owner of his own training and coaching company. During his career of over twenty-four years, he has been acting in many different roles within the information technology. He has taken on many different roles within the information technology area. In the last 10 years his attention and intention has shifted from content driven roles to more people oriented roles. His life purpose is to teach and inspire people to live from their authentic purpose and self, with an open heart. Coaching both organizations and individuals for excellence, growth and fulfillment is what inspires him the most. As a life coach and ‘soft skills’ trainer Peter has inspired many professionals and executives to find direction and fulfillment in their lives. By combining his profound business expertise with his excellent coaching skills, Peter has a high success rate with helping both individuals and corporations achieve their goals.

Career .

After finishing college and military service, Peter started his career at Capgemini in 1989. During his first years he passed through different functions; from software developer to project manager. From 1996 Peter continued his career at Bolesian, a former daughter company of Capgemini. In the role of director operations he was responsible for projects, proposals, resource planning and people management. Peter played a key role during the merge between Bolesian and Capgemini in the second half of 2001. One of his activities was guiding and motivating 45 employees to find their place within a company of about hundred times the size of where they were coming from. As a principal consultant within Capgemini, Peter combined a role as people manager and expert in the field of supply chain optimization. With his extensive expertise he helped many companies to optimize their business processes. Since his certification as a professional coach in 2009, Peter has been coaching many colleagues. From 2011 he is leading a group of 12 coaches within Capgemini and as a trainer in leadership and personal effectiveness he contributes to the personal development of others.

Competencies .

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| Facilitate peer groups | People management |
| Leading workshops | Project management |
| Leadership and personal effectiveness | Supply chain optimization |
| Life coaching (Co-Active) | Trainer |
| Meditation | Team coaching |
| Operations management |  |

Languages .

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| --- | --- | --- | --- |
|  | Speak | Read | Write |
| Dutch | Native language | Native language | Native language |
| English | Fluent | Good | Good |
| German | Fluent | Good | Good |
| Spanish | Basic | Basic | Basic |

Experience .

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| **11-2010** | Role | Coach and Trainer |
| **To present** | Company | Capgemini |
|  | As an in company life coach, Peter helps employees of Capgemini to find direction, balance or more fulfillment in their jobs. He is a trainer in communication and management skills, specialized in effective communication and conflict management. Peter is responsible for the establishment of team coaching in order to improve the performance of project teams from both Capgemini and its customers. Peter acts as a personal and team coach in different talent programs of Capgemini. | |

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| **10-2010** | Role | Life coach |
| **To present** | Company | Peter Teijgeman Coaching & Training |
|  | Peter offers life coaching to both individuals as corporate clients. | |

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| **09-2003** | Role | Management consultant |
| **To present** | Company | Many clients of Capgemini |
|  | As a management consultant, Peter has proven many times to be successful in designing and implementing supply chain optimization programs at companies in different sectors. His involvement includes all phases of a program, from scans, feasibility studies to design and implementation of ICT solutions. Leading workshops with different stakeholders from the customer fulfilled Peter the most. He is a master in connecting people and motivating others in order to change. For the customer he is a trusted advisor for colleagues a good mentor and coach.  Among his customers were Thyssenkrupp Steel (Germany), Novellis Aluminium (Wales, Germany, Switzerland), Wieland Cupper (Germany), Forbo Flooring (Netherlands), Trespa (Netherlands), several hospitals in Germany and the Netherlands, Electrabel (Netherlands), Daimler (Germany), De Boer Tenten, BP Amsterdam Terminal, Center Parcs Europe and more. | |

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| **10-2001** | Role | People manager |
| **To 05-2013** | Company | Capgemini |
|  | During this period Peter was part-time assigned as a people manager for a group varying between 15 and 45 consultants of Capgemini. In this role he was responsible for all HR related topics for the colleagues in his group, like performance assessment, career, personal development and professional growth. | |

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| **10-2001** | Role | Manager expertise center |
| **To 01-2003** | Company | Capgemini |
|  | On behalf of Capgemini Peter was responsible for the results of the projects performed by the expertise center Advance Planning & Scheduling. Among his customers were Transavia Airlines, Jan de Rijk Logistics and Care Schadeservice. Besides managerial tasks he fulfilled a role as selling consultant. | |

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| --- | --- | --- |
| **05-1995** | Role | Director operations |
| **To 10-2001** | Company | Bolesian |
|  | Bolesian was a daughter company of Capgemini with around 80 employees. As director operations Peter was responsible for projects, proposals, staffing and people management. Peter has played a key role during the merger between Bolesian and Capgemini in the second half of 2001. One of his activities was guiding and motivating 45 employees to find their place within a company of about hundred times the size of where they were coming from. | |

Education .

Certified by CTI (CPCC) and the International Coach Federation (ACC)

Authorized Facilitator of Team Diagnostic Assessment

Co-Active coaching at The Coaches Training institute (CTI)

APICS - CIRM (Certified in Integrated Resource Management)

Master of Science in Information and Knowledge technology

Institute of Technology, Electronics

Training .

Change Management Practitioner (finished 01-2012)

Team Coaching Intensive (finished 03-2011)

Co-Active Leadership Program (finished 03-2011)

Co-Active Coaching - Certification Program (finished 07-2009)

The Act of Leadership (finished 05-2008)

Co-Active coaching - Intermediate (finished 04-2008)

Silva Mind Control – Mastery (11-2007)

Co-Active coaching - Fundamentals (finished 10-2007)

Core Identity Training (finished 04-2007)

Silva Mind Control – Business (finished 02-2005)

BIG – Commercial attitude for Consultants (finished 10-2004)

APICS - CIRM (Certified in Integrated Resource Management)(finished 12-2004)

Silva Mind Control – Certification (finished 04-2003)

Marketing, Financial and Strategic Management (finished 11-2001)

Core Management Training (finished 03-2001)

Interests .

Peter loves being outdoors: alpinism, hiking, snowboarding, rowing, biking and windsurfing

Peter likes to enjoy good food and good wine in the company of his loved ones

Peter enjoys the freedom of riding his motorbike without a specific destination

Peter is inspired by: Deepak Chopra, Nelson Mandela, Otto Scharmer and Steven Covey

1. Capgemini is an information technology services and consulting company [↑](#footnote-ref-1)